

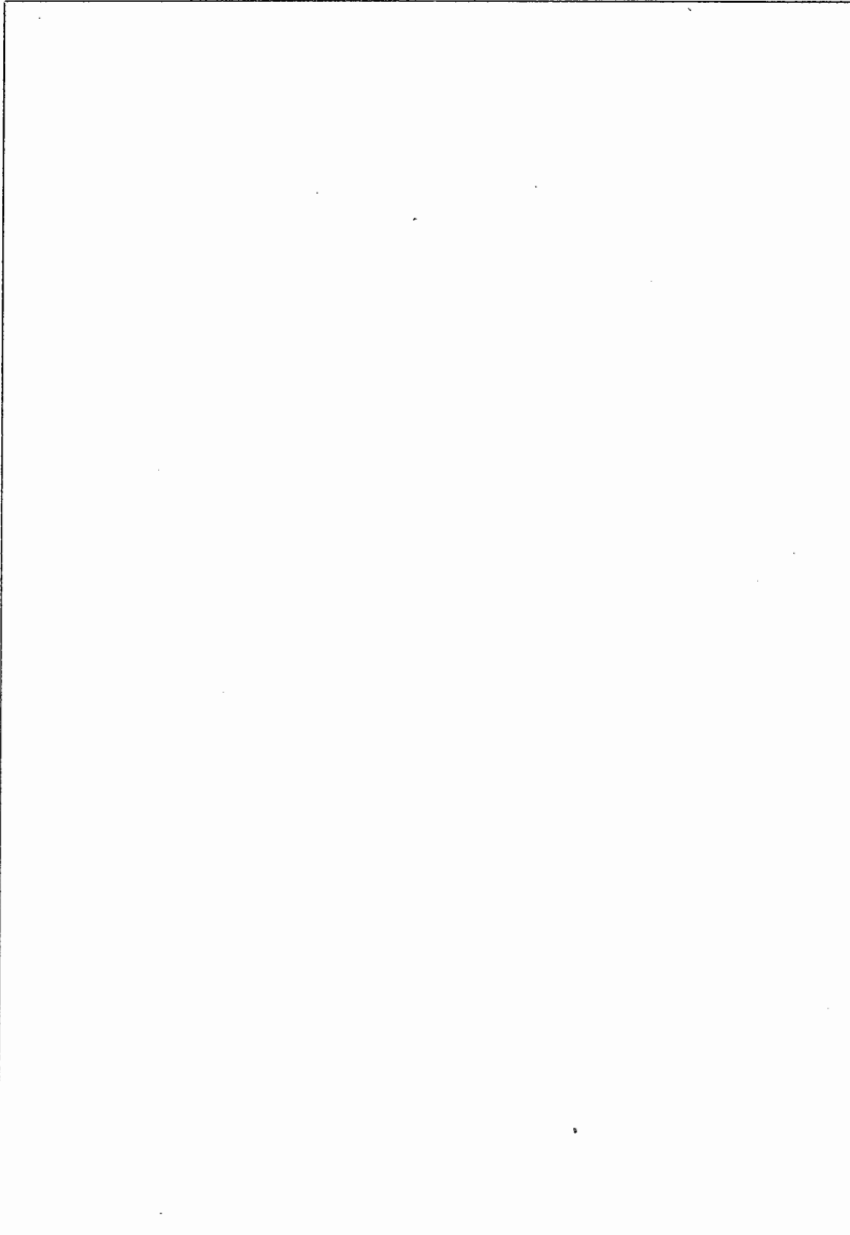
# **Framingham Offspring Study Behavior and Job Characteristics Questionnaire**

Form 1

Examination 3

Identification No.

NIH 2550-1 (1/84)  
Privacy Act 09-25-0126



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Public Health Service  
National Institutes of Health

**Framingham Offspring Study  
Behavior and Job Characteristics  
Questionnaire**

OMB No. 0925-0216  
Expiration Date 9/86

1 Form	Identification No. 2-5
1	Py1

Please fill out the following form as completely and as carefully as you can. **Bring it with you when you come for your examination.** All your answers are strictly confidential.

**INSTRUCTIONS FOR WRITING YOUR ANSWERS.**

- In some sections you are asked to *circle* the number that shows your answer. (Example — for Question 16, first read the question. Then, for *each* item listed, circle 1 if your answer is "YES" or 2 if it is "NO." (See the special instructions for the first set of questions.)
- When there is a box to the left of the question, *write your answer in the box.* For the "multiple choice" questions, select *one* number as your answer and write that in the box.

**SAMPLE QUESTION.** (If your eyes are brown, you would write 2 in the box as shown.)

What color are your eyes?

2	1. Blue
	2. Brown
	3. Green
	4. Hazel

- For the "fill in the blanks" style of question, just write your answers on the blank lines provided.

**SECTION A**

Each of us belongs somewhere along the line between these two extremes. For example, most of us are neither the most competitive nor least competitive person we know. For each question in this section, we would like you to **Circle** one number to indicate where you think you belong between these two extremes.

- |      |       |  |   |   |   |   |   |   |   |  |
|------|-------|--|---|---|---|---|---|---|---|--|
| Py2  | 6 1.  | Never late.....  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Casual about appointments   |
| Py3  | 7 2.  | Not competitive.....   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Very competitive  |
| Py4  | 8 3.  | Anticipates what others.....<br>are going to say (nods,<br>interrupts, finishes for<br>them) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Good listener, hears<br>others out  |
| Py5  | 9 4.  | Always rushed.....   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Never feels rushed, even<br>under pressure  |
| Py6  | 10 5. | Can wait patiently.....  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Impatient when waiting  |
| Py7  | 11 6. | Goes "all out".....  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Casual  |
| Py8  | 12 7. | Takes things one at a.....<br>time   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Tries to do many things<br>at once, thinks about what<br>he (she) is going to do next |
| Py9  | 13 8. | Emphatic in speech (may..<br>pound desk)   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Slow, deliberate talker   |
| Py10 | 14 9. | Wants good job recognized<br>by others   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | .... Only cares about satisfying<br>himself (herself) no matter<br>what others may think   |

- Py11 15 10. Fast (eating, walking,..... 1 2 3 4 5 6 7 .... Slow doing things etc.)
- Py12 16 11. Easy going..... 1 2 3 4 5 6 7 .... Hard driving
- Py13 17 12. "Sits on feelings"..... 1 2 3 4 5 6 7 .... Expresses feelings
- Py14 18 13. Many interests..... 1 2 3 4 5 6 7 .... Few interests outside work or home
- Py15 19 14. Satisfied with job or..... 1 2 3 4 5 6 7 .... Ambitious, wants change home life

**SECTION B**

20 15. Who is the **primary** person responsible for seeing that the housework (such as cleaning, cooking, laundry) is done in your home?(Select one.)

Py16

1. Self
2. Spouse
3. Children
4. Other family member
5. Paid help
6. Equally shared

16. Who **does** most of the housework most of the time?

	Yes	No	
21	1	2	Self Py17
22	1	2	Spouse Py18
23	1	2	Children Py19
24	1	2	Other family member Py20
25	1	2	Paid help Py21
26	1	2	Equally shared Py22

27 17. How many hours per average week have you had to spend on housework?

Py23

1. 0 - no time
2. Less than 1 hour
3. 1 to 2 hours
4. 3 to 7 hours
5. 8 to 14 hours
6. 15 to 21 hours
7. 22 to 28 hours
8. 29 to 40 hours
9. More than 40 hours

28 18. Do you find housework a big strain?

Py24

1. Yes
2. No
3. Does not apply

29 19. Have you been employed (worked for money at least half-time) most of your adult life (18 years or older)?

Py25

1. Yes
2. No

IF YOU ANSWERED "NO," skip directly to Question 85 in Section H.

IF YOU ANSWERED "YES," go on to Question 20 in Section C.

Identification No.

SECTION C

30-31

20. How many years have you been employed (at least half-time?) (Write your answer in the box.)

Py26

32

21. Are you presently:

- 1. Working Py27
- 2. Retired
- 3. Unemployed

33-34

22. How many hours a week do you work outside the home? (Skip this question if you answered "Unemployed" or "Retired" in Question 21.)

Py28

For Questions 23-26 write your answers in the space following each question.

INDUSTRY

23. For whom do you currently work? (If presently retired or unemployed, answer for last job you held.) (Give name of company, business, organization, or other employer.)

\_\_\_\_\_

24. What kind of business or industry is (was) this? Describe the activity at location where employed. (For example: hospital, newspaper publishing, mail order house, auto manufacturing, breakfast cereal manufacturing.)

\_\_\_\_\_

OCCUPATION

25. What kind of work do (did) you do? (For example: Registered nurse, personnel manager, supervisor of order department, gasoline engine assembler, grinder operator)

\_\_\_\_\_

26. What are (were) your most important activities or duties? (For example: patient care, directing hiring policies, supervising order clerks, assembling engines, operating grinding mill)

\_\_\_\_\_

27. Are you: (Place an "X" on the line beside your answer.)

- \_\_\_ Employee of *private* company, business or individual for wages, salary, commissions.
- \_\_\_ **Government** employee (federal, state, local).
- \_\_\_ Self-employed in own business, professional practice, or farm:
  - \_\_\_ Own business *not* incorporated.
  - \_\_\_ Own business incorporated.
- \_\_\_ Working *without pay* in family business or farm.

Has your regular line of work included the following things? If you answer "YES," did you mind it very much? (Circle numbers for your answer.)

Did your work include:	Yes, but I didn't mind it very much	Yes, and I minded it very much	No, my work did not involve this.
PY 29 38 28. Working overtime	1	2	3
PY 30 39 29. Meeting deadlines on rigid time schedules	1	2	3
PY 31 40 30. Night work	1	2	3
PY 32 41 31. Repetitive, routine things	1	2	3

42-43 32. In the past ten years, how many times have you changed jobs? PY 33

44-45 33. In the past ten years, how many times have you changed your line of work? PY 34

46-47 34. In the past ten years, how many times have you been promoted? PY 35

#### SECTION D

We are interested in knowing if the following statements are true of your boss, your immediate subordinate, or your immediate co-workers in your regular line of work. Remember, everything you report is absolutely confidential. (Answer for your current situation, or if you are retired or unemployed, answer for last job held.)

Please circle your answers.

#### ARE THESE STATEMENTS TRUE FOR YOUR BOSS?

	Yes	No	Does not apply	
PY 36 48 35.	1	2	9	Is a person you can completely trust.
PY 37 49 36.	1	1	9	Is cooperative.
PY 38 50 37.	1	2	9	Is a person you can rely upon to carry his/her load.
PY 39 51 38.	1	2	9	Is a person who appreciates you.
PY 40 52 39.	1	2	9	Is a person who interferes with you or makes it difficult for you to get your work done.
PY 41 53 40.	1	2	9	Is a person who generally lets you know how you stand.
PY 42 54 41.	1	2	9	Is a person who takes a personal interest in you.

ARE THESE STATEMENTS TRUE FOR YOUR IMMEDIATE SUBORDINATE (the person directly below you)?

	Yes	No	Does not apply	
PY43 55 42.	1	2	9	Is a person you can completely trust.
PY44 56 43.	1	2	9	Is cooperative.
PY45 57 44.	1	2	9	Is a person you can rely upon to carry his/her load.
PY46 58 45.	1	2	9	Is a person who appreciates you.
PY47 59 46.	1	2	9	Is a person who interferes with you or makes it difficult for you to get your work done.
PY48 60 47.	1	2	9	Is a person who generally lets you know how you stand.
PY49 61 48.	1	2	9	Is a person who takes a personal interest in you.

ARE THESE STATEMENTS TRUE FOR YOUR CLOSEST OR IMMEDIATE CO-WORKER?

	Yes	No	Does not apply	
PY50 62 49.	1	2	9	Is a person you can completely trust.
PY51 63 50.	1	2	9	Is cooperative.
PY52 64 51.	1	2	9	Is a person you can rely upon to carry his/her load.
PY53 65 52.	1	2	9	Is a person who appreciates you.
PY54 66 53.	1	2	9	Is a person who interferes with you or makes it difficult for you to get your work done.
PY55 67 54.	1	2	9	Is a person who generally lets you know how you stand.
PY56 68 55.	1	2	9	Is a person who takes a personal interest in you.

SECTION E

- 69 56. Do you routinely bring work home to do after hours?  
 1. Yes  
 2. No PY57

IF YOU ANSWERED "NO" to Question 56, skip Question 57.

- 70 57. Do you more often than not actually work on the work you take home?  
 1. Yes  
 2. No PY58

**SECTION F**

For the following items, *circle* the number to show how you feel about the following statements.

	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>	
71 58.	1	2	3	4	My job requires that I learn new things. Py59
72 59.	1	2	3	4	My job involves a lot of repetitive work. Py60
73 60.	1	2	3	4	My job requires me to be creative. Py61
74 61.	1	2	3	4	My job allows me to make a lot of decisions on my own. Py62
75 62.	1	2	3	4	My job requires a high level of skill. Py63
76 63.	1	2	3	4	On my job, I have very little freedom to decide how I do my work. Py64
77 64.	1	2	3	4	I get to do a variety of different things on my job. Py65
78 65.	1	2	3	4	I have a lot of say about what happens on my job. Py66
79 66.	1	2	3	4	I have an opportunity to develop my own special abilities. Py67
80 67.	1	2	3	4	My job requires working very fast. Py68
81 68.	1	2	3	4	My job requires working very hard. Py69
82 69.	1	2	3	4	My job requires lots of physical effort. Py70
83 70.	1	2	3	4	I am not asked to do an excessive amount of work. Py71
84 71.	1	2	3	4	I have enough time to get the job done. Py72
85 72.	1	2	3	4	I am often required to move or lift very heavy loads on my job. Py73
86 73.	1	2	3	4	My work requires rapid and continuous physical activity. Py74
87 74.	1	2	3	4	I am free from conflicting demands that others make. Py75
88 75.	1	2	3	4	My job requires long periods of intense concentration on the task. Py76
89 76.	1	2	3	4	My tasks are often interrupted before they can be completed, requiring attention at a later time. Py77

	Strongly Disagree	Disagree	Agree	Strongly Agree	
90 77.	1	2	3	4	My job is very hectic. PY78
91 78.	1	2	3	4	I am often required to work for long periods with my body in physically awkward positions. PY79
92 79.	1	2	3	4	I am required to work for long periods with my head or arms in physically awkward positions. PY80
93 80.	1	2	3	4	Waiting on work from other people or departments often slows me down on my job. PY81

### SECTION G

- PY82
81. How steady is your work? (Place the number of your answer in the box at the left.)
1. Regular and steady
  2. Seasonal
  3. Frequent layoffs
  4. Both seasonal and frequent layoffs
  5. Other

- PY83
82. My job security is good.
1. Yes
  2. No

- PY84
83. During the past year, how often were you in a situation where you faced job loss or layoff?
1. Never
  2. Faced the possibility once
  3. Faced the possibility more than once
  4. Constantly
  5. Actually laid off

- PY85
84. Sometimes people permanently lose jobs they want to keep. How likely is it that during the next couple of years you will lose your present job with your employer?
1. Not at all likely
  2. Not too likely
  3. Somewhat likely
  4. Very likely

### SECTION H

- PY86
85. Would you consider yourself a student most of your adult years?
1. Yes
  2. No

IF YOU ANSWERED "YES," END HERE. You are finished with this form. Thank you.

IF YOU ANSWERED "NO," CONTINUE.

- PY87
86. Would you consider yourself a housewife or househusband most of your adult years?
1. Yes
  2. No

IF YOU ANSWERED "NO," END HERE. You are finished with this form. Thank you.



**SECTION I**

IF YOU ANSWERED "YES," please answer the following questions *with regard to your housework*:

100 87. Have you often felt tired or exhausted?  
1. Yes - PY88  
2. No

101 88. Has your work often affected your digestion or sleep or upset your health in any way?  
1. Yes PY89  
2. No

102 89. Do you have (did you have) help with your housework?  
1. Yes PY90  
2. No

If you answered "YES" to Question 89, answer Question 90.  
If you answered "NO" to Question 89, answer Question 91.

90. Which people help you with the housework?

	Yes	No	
103	1	2	Spouse PY91
104	1	2	Other family members PY92
105	1	2	Children PY93
106	1	2	Paid help PY94
107	1	2	Other PY95

108 91. Do you find it difficult to manage the housework yourself?  
1. Yes PY96  
2. No

109 92. Do you have a chance to relax during the day?  
1. Yes PY97  
2. No

110 93. Are you lonely during the day?  
1. Yes PY98  
2. No

111 94. Are you bored during the day?  
1. Yes PY99  
2. No

112 95. Does your spouse appreciate how much work you do during the day?  
1. Yes PY100  
2. No

113 96. In general, do you find housework a big strain?  
1. Yes PY101  
2. No

114 97. Would you like very much to have a paying job?  
1. Yes PY102  
2. No

Thank you for completing this form.

# **Framingham Offspring Study**

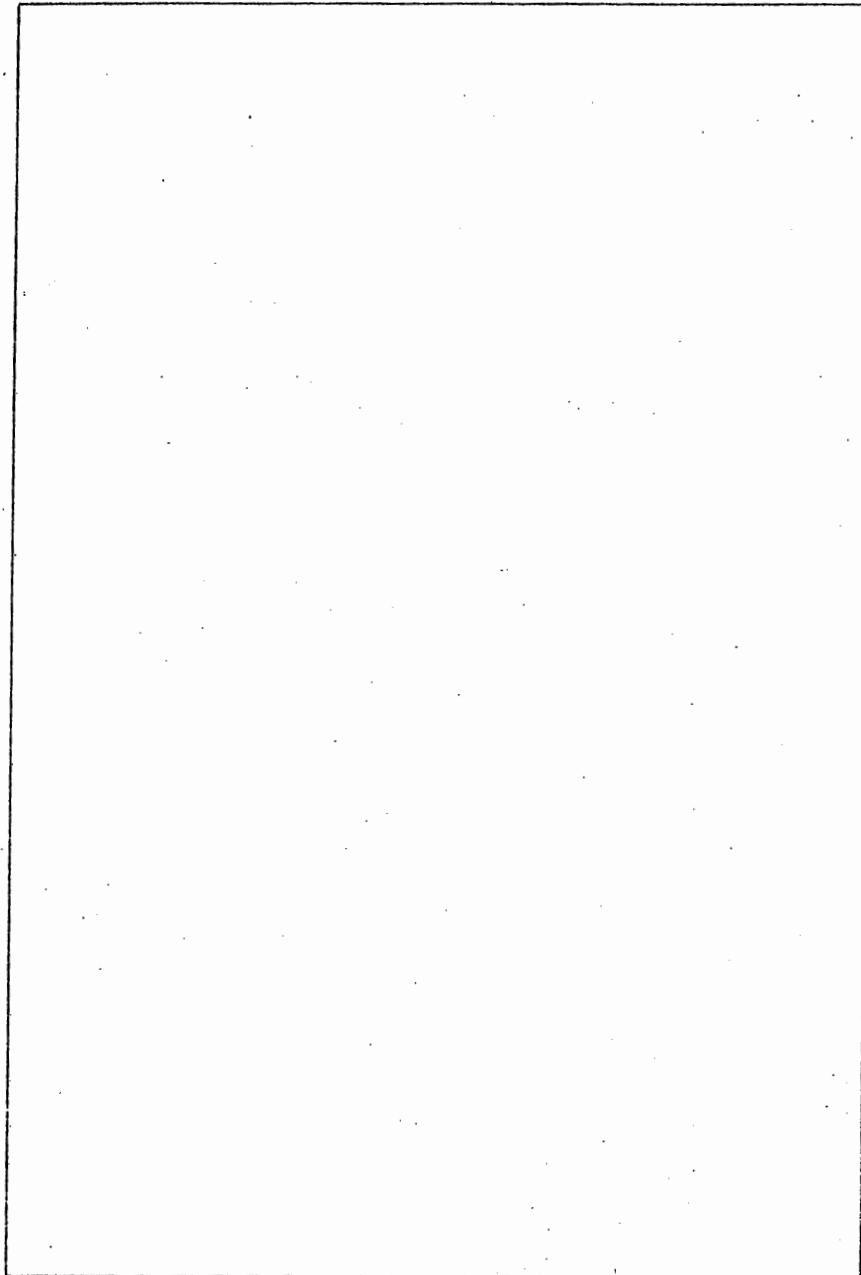
## **Lifestyle and Habits Questionnaire**

Form 2

Examination 3

Identification No.

NIH 2550-1 (1/84)  
Privacy Act 09-25-0126



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Public Health Service  
National Institutes of Health

**Framingham Offspring Study  
Lifestyle and Habits  
Questionnaire**

OMB No. 0925-0218  
Expiration Date 9/86

1 Form	Identification No. 2-5
2	

Please answer the following questions to the best of your ability. Some of the questions may seem redundant, but every question is important. Most of the questions concern your feelings. All responses are confidential.

**INSTRUCTIONS FOR WRITING YOUR ANSWERS.**

1. When there is a box to the left of the question, write your answer in the box. For the "multiple choice" questions, select one number as your answer and write that in the box.

**SAMPLE QUESTION.** (If your eyes are brown, you would write 2 in the box as shown.)

What color are your eyes?

- |   |          |
|---|----------|
| 2 | 1. Blue  |
|   | 2. Brown |
|   | 3. Green |
|   | 4. Hazel |

2. For the "fill in the blanks" style of question, just write your answers on the blank lines provided.
3. In some sections you are asked to circle the number that shows your answer. (Example— In Question 14, first you will read the question. If your answer to the question is "YES", circle the number 1; if your answer is "NO," circle 2.)

**SECTION A**

We would like some information about your family.

- |   |   |
|---|---|
| 6 | 1. Are you now: (Write the number of your answer in the box on the left.) |
|---|---|
1. Not married and never have been
  2. Married
  3. Divorced
  4. Widowed
  5. Separated
  6. Living in a "marital situation," but not formally married. How long have you lived in this type of situation? (Fill in the blanks below.)

7-8 PY104 years (For this form, whenever we refer to "marriage," "spouse," etc., it will apply to you.)

9-10 PY105 months

- |    |  |
|----|--|
| 11 | 2. How many times have you been married? |
|----|--|
1. Once
  2. Twice
  3. Three times or more
  4. Never been married

3. How long in total have (had) you been married? (All marriages) (If you have never been married, skip this question.)

12-13 PY107 years

14-15 PY108 months

If you do *not* have any children, skip questions 4, 5, and 6.

Py109

4. How many children do you currently have? (Write the number in the box.)

18-37

5. What are your children's ages? Py110, Py111, Py112, Py113, Py114, Py115, Py116,  
(In years. If a child is younger than a year old, write "1.") Py117, Py118, Py119

Py120

6. How many currently live at home?

### SECTION B

Py121

7. How many years of school did you attend? (Write the number on the left.)

Elementary	Jr. High	High School	College	(If more than 17 years, write 17.)
1 2 3 4 5 6	7 8	9 10 11 12	13 14 15 16 17	

Py122

8. How many years of school did you complete?

Elementary	Jr. High	High School	College	(If more than 17 years, write 17.)
1 2 3 4 5 6	7 8	9 10 11 12	13 14 15 16 17	

Py123

9. What is the highest degree you earned?

1. High school diploma
2. Associate degree (junior college)
3. Bachelor's degree
4. Master's degree
5. Doctorate
6. None of the above

### SECTION C

The next *two* questions concerning your income are optional, and we remind you that these questions, as with all others, are *strictly* confidential.

Please look at the chart below. For your answer select *just* the number to the *left* of the income range that applies to you. Write that number in the box.

1 — no income	7 — \$25,000 to \$29,000
2 — less than \$5,000	8 — \$30,000 to \$34,000
3 — \$5,000 to \$9,000	9 — \$35,000 to \$39,000
4 — \$10,000 to \$14,000	10 — \$40,000 to \$44,000
5 — \$15,000 to \$19,000	11 — \$45,000 to \$49,000
6 — \$20,000 to \$24,000	12 — more than \$50,000

Py124

10. What is your current *personal* income per year before taxes? (See chart above.)

Py125

11. What is your current *total family* income per year before taxes? (See chart above.)

Py126

12. What was your mother's work status most of the time when you were growing up?

1. Worked outside the home *full-time*
2. Worked outside the home *part-time*
3. Worked for wages/salary in the home
4. Housewife
5. Other
6. Does not apply

50

13. Would you say your chances of keeping or achieving the total family income you would like to have within the next 5 to 10 years are:
1. Very good
  2. Good
  3. Fair
  4. Poor
  5. Very poor

Py127

**SECTION D**

Here is a list of symptoms which many people have. Please *circle* 1 for "YES" or 2 for "NO" to indicate your answer to the following questions.

- |        | Yes | No |  |
|--------|-----|----|--|
| 51 14. | 1   | 2  | Are you often troubled by feelings of tenseness, tightness, restlessness or inability to relax? Py128        |
| 52 15. | 1   | 2  | Are you often bothered by nervousness or shaking? Py129  |
| 53 16. | 1   | 2  | Do you often have trouble sleeping or falling asleep? Py130  |
| 54 17. | 1   | 2  | Do you feel you are under a great deal of tension? Py131   |
| 55 18. | 1   | 2  | Do you often have trouble relaxing? Py132  |
| 56 19. | 1   | 2  | Do you often have long periods of restlessness so that you cannot sit for long? Py133                        |
| 57 20. | 1   | 2  | Have you often felt difficulties were piling up too much for you to handle? Py134                            |
| 58 21. | 1   | 2  | Do you often become tired easily or feel continuously fatigued? Py135  |
| 59 22. | 1   | 2  | Do you often have giddiness or dizziness or a feeling of unsteadiness? Py136                                 |
| 60 23. | 1   | 2  | Do you often have palpitations, or a pounding or racing heart? Py137   |
| 61 24. | 1   | 2  | Are you often bothered by breathlessness, sighing respiration, or difficulty in getting a deep breath? Py138 |
| 62 25. | 1   | 2  | Do you often have poor concentration or vagueness in thinking? Py139   |

**SECTION E**

Please circle 1, 2, 3, or 4 to indicate how each statement describes you.

	Almost Never	Some- times	Often	Almost Always	
63 26.	1	2	3	4	I am quick tempered. PY140
64 27.	1	2	3	4	I have a fiery temper. PY141
65 28.	1	2	3	4	I am a hotheaded person. PY142
66 29.	1	2	3	4	I get angry when I am slowed down by others' mistakes. PY143
67 30.	1	2	3	4	I feel annoyed when I am not given recognition for doing good work. PY144
68 31.	1	2	3	4	I fly off the handle. PY145
69 32.	1	2	3	4	When I get angry I say nasty things. PY146
70 33.	1	2	3	4	It makes me furious when I am criticized in front of others. PY147
71 34.	1	2	3	4	When I get frustrated, I feel like hitting someone. PY148
72 35.	1	2	3	4	I feel infuriated when I do a good job and get a poor evaluation. PY149

**SECTION F**

The following statements describe how many people feel about various things. Please show whether or not the following feelings describe you by circling 1 (for "Agree") or 2 (for "Disagree") to indicate your answer.

	Agree	Dis- agree	
73 36.	1	2	I have often met people who were supposed to be experts who were no better than I. PY150
74 37.	1	2	I would certainly enjoy beating a crook at his own game. PY151
75 38.	1	2	I have at times had to be rough with people who were rude or annoying. PY152
76 39.	1	2	When a man is with a woman, he is usually thinking about things pertaining to the woman's sex. PY153
77 40.	1	2	I try to cover up my poor opinion or pity of a person so that he/she will not know how I feel. PY154

		Agree	Disagree	
Py155	78 41.	1	2	I have frequently worked under people who seem to have things arranged so that they get credit for good work but are able to pass off mistakes onto those under them.
Py156	79 42.	1	2	I have often had to take orders from someone who did not know as much as I did.
Py157	80 43.	1	2	Some of my family have habits that bother and annoy me very much.
Py158	81 44.	1	2	A large number of people are guilty of bad sexual conduct.

### SECTION G

Here is a list of things people may do when they get angry, irritated, or annoyed. Please indicate whether, when *you* are really angry or annoyed, you are: **very likely, somewhat likely, or not too likely** to do the following things.

	Very Likely	Somewhat Likely	Not too Likely	
82 45.	1	2	3	Get tense or worried. Py159
83 46.	1	2	3	Get a headache. Py160
84 47.	1	2	3	Feel weak. Py161
85 48.	1	2	3	Feel depressed. Py162
86 49.	1	2	3	Get nervous or shaky. Py163
87 50.	1	2	3	Try to act like nothing happened. Py164
88 51.	1	2	3	Keep it to yourself. Py165
89 52.	1	2	3	Apologize even though you are right. Py166
90 53.	1	2	3	Take it out on others. Py167
91 54.	1	2	3	Blame someone else. Py168
92 55.	1	2	3	Get it off your chest. Py169
93 56.	1	2	3	Talk to a friend or relative. Py170

**SECTION H**

Circle the number for each statement which best describes how often you felt or behaved this way DURING THE PAST WEEK.

	1. Rarely or none of the time (less than one day)					2. Some or a little of the time (1-2 days)					3. Occasionally or a moderate amount of time (3-4 days)					4. Most or all of the time (5-7 days)				
84 57.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I was bothered by things that usually don't bother me. Py171
85 58.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I did not feel like eating; my appetite was poor. Py172
88 59.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt that I could not shake the blues even with help from my family or friends. Py173
87 60.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt that I was just as good as other people. Py174
88 61.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I had trouble keeping my mind on what I was doing. Py175
89 62.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt depressed. Py176
100 63.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt that everything I did was an effort. Py177
101 64.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt hopeful about the future. Py178
102 65.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I thought my life had been a failure. Py179
103 66.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt fearful. Py180
104 67.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	My sleep was restless. Py181
105 68.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I was happy. Py182
106 69.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I talked less than usual. Py183
107 70.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt lonely. Py184
108 71.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	People were unfriendly. Py185
109 72.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I enjoyed life. Py186
110 73.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I had crying spells. Py187
111 74.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt sad. Py188
112 75.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I felt that people disliked me. Py189
113 76.	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	I could not "get going." Py190



If you have *never* been married, stop here. Otherwise, please continue.

### SECTION I

Every marriage and marital situation has its agreements and disagreements. We would like to know how often you and your spouse disagree (disagreed) about the following things? (For present or most recent marriage or marital situation.)

	Disagree often	Disagree once in a while	Never disagree	Does not apply	
114 77.	1	2	3	4	Handling family finances or money matters. Py191
115 78.	1	2	3	4	How to spend leisure time. Py192
116 79.	1	2	3	4	Religious matters. Py193
117 80.	1	2	3	4	Amount of time that should be spent together. Py194
118 81.	1	2	3	4	Gambling. Py195
119 82.	1	2	3	4	Sex relations. Py196
120 83.	1	2	3	4	Dealing with in-laws. Py197
121 84.	1	2	3	4	Bringing up children. Py198
122 85.	1	2	3	4	Where to live. Py199
123 86.	1	2	3	4	Way of making a living. Py200
124 87.	1	2	3	4	Household chores. Py201
125 88.	1	2	3	4	Drinking. Py202
126 89.	1	2	3	4	Working situations. Py203

127

90. Are you *now* married (or in a "marital situation"?)

1. Yes
2. No

Py204

IF NO, end here.

IF YES, go on to Section J and Section K.

### SECTION J

128

91. Everything considered, how happy would you say that your marriage has been?

1. Very happy
2. Happy
3. Average
4. Unhappy
5. Very unhappy

Py205

129

92. Everything considered, how happy would you say that your spouse has found your marriage to be?
1. Very happy
  2. Happy
  3. Average
  4. Unhappy
  5. Very unhappy

Py 206

130

93. When you experience a conflict with your spouse, do you:
1. Always show it outwardly
  2. Usually show it outwardly
  3. Usually keep it to myself
  4. Always keep it to myself

Py 207

131

94. Does your spouse show his/her love for you:
1. Very often
  2. Seldom
  3. Not enough
  4. Doesn't love me

Py 208

132

95. About your marriage, are you more satisfied, as satisfied, or less satisfied than most of your close friends are with their marriages?
1. More satisfied
  2. As satisfied
  3. Less satisfied

Py 209

SECTION K

Men — skip to Question 104.

Women — complete the following questions:

133

96. Would you say that the nature of your husband's work has ever placed a big strain on you?
1. Yes
  2. No

Py 210

If you answered "No" to Question 96, skip Question 97.

97. Has his work placed a big strain on you in any of the following ways?

	Yes	No	
134	1	2	Financially. Py 211
135	1	2	Long or inconvenient hours. Py 212
136	1	2	Worry about the health or safety aspects of his job. Py 213
137	1	2	Concern about social acceptability of his work. Py 214
138	1	2	Concern about your husband's morale. Py 215
139	1	2	On the job travelling. Py 216
140	1	2	Other. Py 217

141

98. Have you been employed (worked for money at least half-time) most of your adult life (18 years or older)?

- 1. Yes
- 2. No

Py218

IF NO, END HERE

IF YES, please continue

142

100. On a scale from 1 to 7, how disruptive is working to your home life? (Please write the appropriate number in the box at left.)

Py219

0	1	2	3	4	5	6	7
Has not been at all disruptive	Slightly disruptive			Extremely disruptive			

If you answered "0" to Question 100, skip Question 101.

101. Has your working been disruptive in any of the following ways?

- |     | Yes | No |   |
|-----|-----|----|---|
| 143 | 1   | 2  | Problems with raising children and working. Py220                   |
| 144 | 1   | 2  | Your husband objects to you working outside the home. Py221         |
| 145 | 1   | 2  | Your husband complains about things not getting done. Py222         |
| 146 | 1   | 2  | Difficulties getting household responsibilities accomplished. Py223 |
| 147 | 1   | 2  | Difficulties arranging child care. Py224                            |
| 148 | 1   | 2  | On the job travel causes difficulties. Py225                        |
| 149 | 1   | 2  | Working overtime or taking your work home. Py226                    |
| 150 | 1   | 2  | Any other ways that are not listed. Py227                           |

151-152

102. On the average, how many hours per day does your work require you to be away from home?

Py228

103. Do you work because:

- |     | Yes | No |  |
|-----|-----|----|--|
| 153 | 1   | 2  | You enjoy it and find it fulfilling. Py229 |
| 154 | 1   | 2  | You like to get away from home. Py230      |
| 155 | 1   | 2  | Financial reasons. Py231                   |
| 156 | 1   | 2  | Other reasons. Py232                       |

Married women — stop here.

For all currently married men.

- 157 104. Does your wife work for money outside the home at least half-time?  
1. Yes  
2. No

Py233

If you answered "No," stop here.

- 158 105. On a scale from 1 to 7, how disruptive is your wife's working to your home life? (Please write the appropriate number in the box at left.)

Py234

0 1 2 3 4 5 6 7  
Has not Slightly disruptive Extremely disruptive  
been at all  
disruptive

If you answered "0" to Question 105, stop here.

106. Has her working been disruptive in any of the following ways?

	Yes	No	
159	1	2	Financially. Py235
160	1	2	Long or inconvenient hours. Py236
161	1	2	Worry about the health or safety aspects of her job. Py237
162	1	2	Concern about the social acceptability of her work. Py238
163	1	2	Concern about your wife's morale. Py239
164	1	2	Your children. Py240
165	1	2	You object to her working outside the home. Py241
166	1	2	She comes home upset with her work situation (boss, co-workers, etc.) Py242
167	1	2	Difficulties arranging child care. Py243
168	1	2	Difficulties getting household responsibilities accomplished. Py244
169	1	2	She has long working hours and/or brings work home with her. Py245
170	1	2	Other. Py246